

# Earthquake Activity

Divide the class into teams.

Put a piece of flipchart paper on the wall for each team (they can do this in their seats but it's better to have them stand up and move around if possible).

Tell the teams that a major earthquake has just occurred.

Assign each team a different location to think about:

Team 1 is in the kitchen

Team 2 in the bedroom

Team 3 in a car

Team 4 in a Mall or Arena

Team 5 at a school or office

(Whatever will be interesting to your particular class).

Tell the teams they have 10 minutes to answer the questions:

- What will you do to protect yourself when the ground is shaking?
- What do your surroundings look like after the shaking?
- What supplies should you have?

When the group reconvenes:

1. Ask the group to call out answers to the second question (1 minute)
2. Ask each team how they protected themselves and discuss any misconceptions or additional methods. (10-20 minutes)
3. Ask each team to read their list of emergency supplies.
  - a. Discuss the top 5 supplies that everyone should have listed (Food, water, first aid kit, radio, flashlight). Go into more in depth information about types of food to store and water storage. Give them practical ideas (sample Practical EQ Supply Tips) on how to store items. Remind them about medications, eyeglasses and other personal needs. Give them local radio station frequencies for emergency information. (10-20 minutes)
4. Discuss cell phones and using the seven digit emergency number (put in a plug for your ham radio group. (sample Telephone Tips & What is Amateur Radio?) Discuss out of area contact. (5-10 minutes)
5. Discuss anything else you want!

Warning: After people do this exercise, they are very eager to get information and discussions can last a long time. Be sure you are giving them all the information YOU want them to know before you get sidetracked with their other questions.

The benefits of this activity include:

- Self directed learning – students will put themselves in a response role and realize why they need to prepare
- Practical & Relevant – Students are given easy ideas to help them incorporate preparedness into daily life – and provide good to others!
- Team Building – students brainstorm with people they don't know
- Reduces lecture time and increases interactive time
- Generates excellent discussions on preparedness